

1976 Region 5AA Girls -

Teams: Mpls Washburn 59, Mpls Southwest 56, Benilde-St. Margaret's 53, Brooklyn Center 43, Fridley 41, Mpls North 40, Park Center 33, Regina 30, Fridley Grace 20, Osseo 17, Mpls West ??, Mpls Edison 10, Mpls Henry 7, Mpls Roosevelt 6, Columbia Heights 3, Mpls South 2, Mpls Central 1.

Two Mile Run

- 1 Leslie Seymour, Regina 11:42.5
- 2 Dolores Magrak, Regina 11:52.9

110 Yd Hurdles

- 1 Yvonne Hauge, Fridley 15.0
- 2 Mary Hubbell, Southwest 15.2

100 Yd Dash

- 1 Terry Snoddy, North 11.2
- 2 Roxy Allen, West 11.6

One Mile Run

- 1 Ruth Robinson, Washburn 5:30.9
- 2 Kathy Kaiser, Regina 5:35.8

880 Yard Relay

- 1 Benilde-StM 1:46.3 (Halcin, Dwyer, Ross, Jagodzinski)
- 2 Brooklyn Center 1:48.1

440 Yd Dash

- 1 Lynn Klappa, Osseo 59.1
- 2 Yvonne Hauge, Fridley 60.8

180 Yd Hurdles

- 1 Anita Anderson, Park Ctr 24.4
- 2 Sue Dornbach, West 24.8

440 Yd Relay

- 1 Benilde-StM 50.8 (Halcin, Dwyer, Grotz, Jagodzinski)
- 3 Brooklyn Center
- ? Park Center 51.4

880 Yd Run

- 1 LuAnn Dwyer, Benilde-StM 2:22.4
- 2 Sue Sandvig 2:23.0

220 Yd Dash

- 1 Roxy Allen, West 26.2
- 2 Kim Winslow, Brooklyn Center 26.7

Mile Relay

- 1 Southwest 4:11.0 (Newhouse, Becstrom, Aldritt, Wahl)

Shot Put

- 1 Pat Ogilvie, Washb 35-3.5
- 2 Cathy Britts, Grace 34-4.5

Discus Throw

- 1 Cathy Britts, Grace 100-7
- 2 Bonnie Mullen, North 100-4

High Jump

- 1 Kim Ganner, Brooklyn Center 5-1
- 2 Darcy Eidem, Fridley 5-1

Long Jump

- 1 Sue Aldritt, Southwest 16-2.5
- 2 Kim Winslow, Brooklyn Center 16-0

Notes: